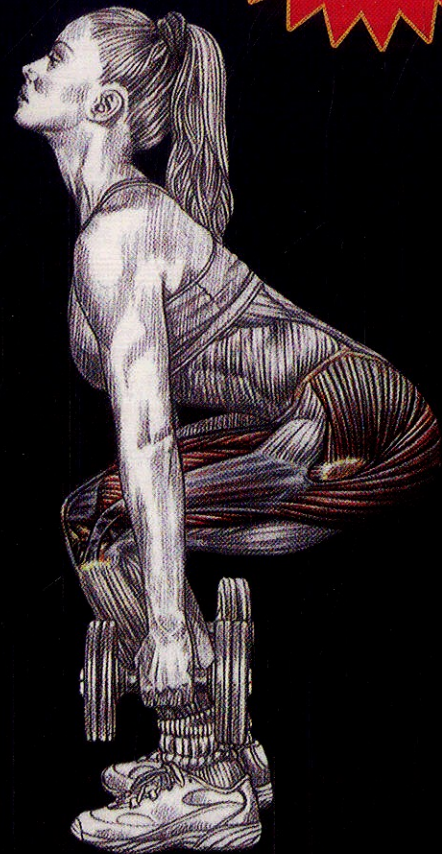


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and
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Frédéric Delavier

Author of *Strength Training Anatomy*

Michael Gundill

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